**Aufgaben und Ziele** **Wochenplan von _____ bis _____ für _____**

| Arbeit und Beruf | Montag | ü | Dienstag | ü | Mittwoch | ü | Donnerstag | ü | Freitag | ü | Samstag | ü | Sonntag | ü |
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| Privates | Montag | ü | Dienstag | ü | Mittwoch | ü | Donnerstag | ü | Freitag | ü | Samstag | ü | Sonntag | ü |
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